

St Mary,s P S Carland September 2015

	31st August	5th September	12th September	19th September	26th September
Monday		Steak Burger	Chicken & Pasta Bake	Chicken Drumsticks	Chicken Crumble
		Chicken & Pasta Bake	Steak Burger	Grilled Bacon	Steak Burger
		Peas	Peas	Peas	Sweetcorn
		Gravy	Mash Potato	Mash Potato	Mash Potato
		Mash Potato	Gravy	Home Made Wedges	Gravy
Tuesday		Rice Krispie square/Custard	Jam Sponge	Jam Sponge	Choc Sponge
			Custard	Custard	Custard
	Steak Burger	Home Made Pizza	Chicken Crumble	Chicken Curry & Rice	Grilled Bacon
	Oven Baked Sausages	Chicken Curry & Rice	Fish Fingers	Fish Fingers	Chicken Curry & Rice
	Baked Beans/peas	Peas	Herb Diced Potato	Herb Diced Potato	Carrots
Wednesday	Mash Potato	Mash Potato	Mash Potato	Mash Potato	Gravy
	Herb Diced Potato	Herb Diced Potato	Jelly fruit/ice-cream	Jelly Whip \ fruit	Mash Potato
	Shortbread and Pink Custard				Shortbread
	Flakemeal biscuit/custard				Custard
Thursday	Chicken Wrap / Roll	Savoury Mince/carrots	Home Made Pizza	Chicken & Pasta Bake	Spagetti Bolognaise
	Fish Fingers	Fish Fingers	Lasagne	Steak Burger	Breaded Fish
	Baked Beans	Baked Beans	Baked Beans	Peas & Sweetcorn	Peas & Sweetcorn
	Mash Potato	Mash Potato	Peas	Mash Potato	Mash Potato
	Peas & Sweetcorn	Swiss Roll	Home Made Wedges	Rice Krispie Square	Syrup Sponge \ Custard
Friday	Icecream & Jelly	Custard	Chocolate Cracknel	Custard	
	Roast Chicken & Stuffing		Roast Chicken & Stuffing	Roast Pork	Roast Chicken & Stuffing
	Gravy	Baked Gammon	Gravy	Carrots	Gravy
	Carrots	Stuffing	Carrots	Stuffing	Carrots
	Mash Potato	Carrots	Oven Dry Roast Potato	Mash Potato	Oven Dry Roast Potato
	Oven Dry Roast Potato	Mash & oven roast potatoes	Mash Potato	Oven Dry Roast Potato	Mash Potato
	choc cracknel/custard	Cornflake square/custard	Shortbread /custard	Shortbread \ pink custard	Rice Krispie Square
	Pizza	Chicken Wrap / Roll	Cheese Pizza	Home Made Pizza	Home Made Pizza
	Chicken Curry & Rice	Hot Dog	Hot Dog	Oven Baked Sausages	Chicken Nuggets
	Chips	Mixed Salad	Mixed Salad	Mixed Salad	Baked Beans
	Mash Potato	Vegetable Soup	Chicken Soup	Home Made Wedges	Home Made Wedges
	Sweetcorn	Ice Cream	Icecream Wafer	Peas	Home Made Wedges
	tinned fruit/custard or shortbread	Chocolate Sauce		Icecream Wafer	Jelly \ Ice cream & Fruit