



PIPS Charity 281 Antrim Rd Belfast BT15 2HE

14 April 2021

Dear Mrs Martin,

Donation to PIPS Charity

PIPS has received your kind donation of £320 from St Mary's Primary School, Lisbuoy, in memory of Teresa Glavin. Thank you to you so much for your support of the charity especially through these very challenging times.

PIPS is a small Northern Ireland charity working locally with people who are living with Suicidal thoughts, Self-harm and Mental Illness we really appreciate all the support we get to offer our services. **PIPS** have adapted their services in line with Covid-19 social restrictions. **PIPS** will strive to continue to be a source of support for those who need it. With the kind generosity of donations like yours we are able to continue offering our services to those who **now more than ever** need us.

PIPS provide crisis support for those who are contemplating Suicide in Northern Ireland. PIPS provide free of charge one to one counselling services, complimentary therapies, befriending and training. Your donation will be used to help us grow our support services across Northern Ireland – Thank you.

The comments below are from people who have used our services and express how we can help and support people who are desperate to feel better:

"Opening up and talking about my trauma has been one of the hardest things to do, but it's given me hope. Something I never had before I came to **PIPS**" Erin, 27

"I couldn't see my way ahead, now I can - thank you" John, 45

To find out more about PIPS or to take part in our fundraising events visit www.pipscharity.com

Yours sincerely

Nadine

Nadine Campbell Fundraiser Nadine@pipscharity.com